Student Services Statement[St. George Campus]

All University of Toronto undergraduate and graduate students have access to student services on all three campuses, Mississauga, St. George (downtown Toronto), and Scarborough, regardless of their ‘home campus’. The services and co-curricular educational opportunities provide a complement to the formal curriculum by engaging and challenging students to reach their full potential as learners, leaders and citizens. At the University of Toronto (St. George Campus) these services are organized by [Student Life](https://studentlife.utoronto.ca/), the academic division registrar and local student life offices, and the [School of Graduate Studies](https://www.sgs.utoronto.ca/). All these services combine to support the success of our students from the time they are admitted through degree completion and beyond.

Students have access to comprehensive **physical and mental health care** on campus, including a medical clinic, travel medicine services, immunization, contraception and sexual health education. Counselling and treatment options for psychological and emotional concerns include psychotherapy, group therapy and pharmacotherapy, as well as specialized assault counselling services provided both by the [Health and Wellness Centre](https://studentlife.utoronto.ca/department/health-wellness/) and the [Sexual Violence Prevention and Support Centre](https://www.svpscentre.utoronto.ca/). In addition, a large number of wellness programs are provided, such as mindful meditation, workshops on coping skills and stress management. All students on all campuses have access to [UofT MySPP](https://mentalhealth.utoronto.ca/my-student-support-program/), a multilingual immediate and/or ongoing confidential, 24-hour counseling support for any school, health or general life concern at no cost to students.

**Housing** needs, including residence application assistance, off-campus housing listings, and resources for students on the rental housing search, tenant rights and responsibilities, as well as assistance with finding temporary/urgent overnight accommodation, are met through the [Housing Services](https://studentlife.utoronto.ca/department/housing/).

Coaching and education in the development of key **learning skills** — from time management to reducing exam anxiety — is provided through [**Academic Success**](https://studentlife.utoronto.ca/department/academic-success/). Academic Success also partners with faculty to integrate success strategies and support into the curriculum.

Students can explore what to do with their degree, discover job opportunities and further education by accessing programs, services and resources designed and delivered by [**Career Exploration & Education**](https://studentlife.utoronto.ca/department/career-exploration-education/)**. Through workshops, appointments, events and job shadowing opportunities students can identify goals, navigate career decisions, build job searching skills and develop meaningful connections with employers and alumni. Career Exploration & Education also works with faculty and instructors to integrate career learning into their courses and curriculum.**

**International learning opportunities** (study, research and professional experiences outside of Canada) for all students on all campuses enable the development of global fluency in academic, personal and career spheres. Opportunities are catalogued at [learningabroad.utoronto.ca](https://learningabroad.utoronto.ca/). Student [**Safety Abroad**](https://safetyabroad.utoronto.ca/) support is provided to all students on all university activity abroad. Opportunities for the development of global fluencies and skills are available to all students through on campus international learning co-curricular and experiential learning.

Specialized services are provided for [**international students**](https://internationalexperience.utoronto.ca/international-student-services/) including but not limited to pre-arrival, transition to Toronto, study and work permit advising, health insurance for international students and their dependents who are residents of Ontario, impact of lived experience and previous academic culture on teaching and learning expectations and peer resources for life as a U of T student. Specialized services are also available for all [students whose health or disability impacts their functioning](https://studentlife.utoronto.ca/department/accessibility-services/) (academic accommodations, systems navigation, referrals, resources, skill development, peer programming and support) [students with **children or other family responsibilities**](https://familycare.utoronto.ca/students/) (advising, resources, subsidized child care), [**Indigenous students**](https://studentlife.utoronto.ca/department/first-nations-house/)(culturally relevant academic support, financial counselling) and [**lesbian, gay, bisexual and transgender**](https://sgdo.utoronto.ca/) students (counselling, referrals, equity outreach and engagement).

Participation in **campus life** and **experiential learning** are facilitated through [Hart House](https://harthouse.ca/) (clubs, committees, events), the Centre for Community Partnerships (community-engaged learning and research opportunities , the [Multifaith Centre](https://studentlife.utoronto.ca/department/multi-faith-centre-for-spiritual-study-practice/) (engage with religious diversity including spiritual and non-religious perspectives, interfaith programs, meditation and yoga, providing space for prayer, cultural and spiritual practices), and [Clubs and Leadership Development](https://studentlife.utoronto.ca/department/clubs-leadership-development/) (leadership development, equity education, recognition and support for student groups, activities, office, meeting and activity space for clubs). **Sport and recreational facilities and programs** are provided to all students through both Hart House and the [Faculty of Kinesiology and Physical Education](https://kpe.utoronto.ca/welcome-sport-rec-u-t). **Campus involvement** is supported actively through [Orientation, Transition and Engagement](https://studentlife.utoronto.ca/department/orientation-transition-engagement/) (co-curricular record).

Support for the transition into life as a student are facilitated through Orientation, Transition and Engagement (transition programs, orientation coordination and support, outreach, parent and supporter resources) as well as [**Mentorship and Peer Programs**](https://studentlife.utoronto.ca/department/mentorship-peer-programs/) (events for equity-seeking communities, 1:1 peer support, workshops). Programs and services designed to support Black, Latin American, Southeast Asian and First Generation students are offered through Mentorship and Peer programs.

[Gradlife](https://studentlife.utoronto.ca/program/gradlife/) is a comprehensive suite of programs, services and initiatives offered across the Division of Student Life that are developed with a graduate student audience in mind. Gradlife includes skills development, social, academic and community building activities to support a holistic graduate student experience.

[Divisions may wish to augment this with:

* registrarial services; academic advising
* writing centres
* program-related career services
* student activity spaces
* residence life programs and services
* student life programs (orientation; first-year learning communities, etc.)]

# School of Graduate Studies Student Services

# [all campuses]

In addition to the above services available to all students, graduate students have access to registrarial services and co-curricular programs at the School of Graduate Studies (SGS) that assist students in meeting their academic goals.

Administrative staff at SGS provide [**registrarial services**](https://www.sgs.utoronto.ca/current-students/) to graduate students including but not limited to recruitment, admission, orientation, registration, fees, program progress, awards/financial assistance and graduation. Fully equipped meeting rooms, which can be booked by student groups when not used for Final Oral Examinations, are distributed across two locations, the newly renovated 63 St. George Street (home of SGS Student Services) and 65 St. George Street. Financial advising, health & wellness and accessibility counselling services are also available at 63 St. George.

Two multi-purpose spaces, provided by SGS, are dedicated to graduate students. [**Grad Room**](https://www.cgpd.utoronto.ca/grad-room/) is an accessible space on the St. George campus which provides University of Toronto graduate students with a lounge area and a space for academic, social and graduate professional skills programming. An additional lounge area for graduate students is available at 63 St. George, which provides graduate students with a quiet place to read, relax or study.

Grad Room is also home to the **Graduate Professional Skills Program** (GPS). GPS is a non-academic program presented by SGS consisting of a variety of offerings that provide doctoral stream students a range of opportunities for professional skills development. The program focuses on skills beyond those conventionally learned within a disciplinary program, skills that may be critical to success in the wide range of careers that graduates enter, both within and outside academe. GPS aims to help students communicate effectively, plan and manage their time, be entrepreneurial, understand and apply ethical practices, and work effectively in teams and as leaders.

The **Centre for Graduate Mentorship & Supervision (CGMS)** offers support to all members of the University of Toronto graduate community to help them achieve and maintain successful mentorship and supervisory relationships. Graduate students, supervisors, graduate chairs, and anyone else involved in the mentorship and supervisory relationship can contact CGMS about an issue or an incident and have a confidential conversation with trained staff. CGMS is dedicated to building capacity through consultation and skill development for both graduate students and supervisors, system navigation and collaboration with other University partners, and identifying and developing resources that are aligned with best practices in graduate mentorship and supervision.

The [**Graduate Centre for Academic Communication**](about:blank)(GCAC) provides graduate students with advanced training in academic writing and speaking. By emphasizing professional development rather than remediation, GCAC helps students to become familiar with the new genres they encounter in graduate school – such as literature reviews, research grants, research articles, and dissertations – and to cultivate a range of strategies for communicating expertise effectively in both writing and speech. GCAC offers five types of instruction designed to target the needs of both native and non-native speakers of English: non-credit courses, single-session workshops, individual writing consultations, guest talks given by invitation within graduate courses, and writing boot camps.